



For Immediate Release
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**TRUE ENERGY TRUST ANNOUNCES FILING OF ITS 2006 YEAR END
DISCLOSURE DOCUMENTS**

Calgary, Alberta, March 2, 2007 – True Energy Trust (“True”), today filed its Annual Information Form, which includes True's reserves data and other oil and gas information for the year ended December 31, 2006 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators.

True has also filed its audited financial statements for the year ended December 31, 2006 and related management discussion and analysis with Canadian Securities Regulatory Authorities. Copies of True's 2006 disclosure documents may be obtained at www.sedar.com or by contacting True.

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