



**For Immediate Release**  
**TSX: TUI.UN**

**TRUE ENERGY TRUST ANNOUNCES FILING OF ITS 2007 YEAR END  
DISCLOSURE DOCUMENTS**

Calgary, Alberta, March 13, 2008 – True Energy Trust (“True”), today filed its Annual Information Form, which includes True's statement of reserves data and other oil and gas information for the year ended December 31, 2007 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators.

True has also filed its audited financial statements for the year ended December 31, 2007 and related management's discussion and analysis with Canadian Securities Regulatory Authorities. Copies of True's 2007 disclosure documents may be obtained at [www.sedar.com](http://www.sedar.com) or by contacting True.

True Energy Trust is an exploration and production oil and gas trust based in Calgary, Alberta, Canada.

***For further information, please contact:***

Wayne M. Chorney  
President, CEO & COO  
(403) 750-2420

Edward Brown  
Vice President, Finance & CFO  
(403) 750-2655

Sacha Ravelli  
Manager, Investor Relations  
(403) 750-7085

Scott Koyich  
Investor Relations Consultant  
(403) 750-2428

Troy Winsor  
Investor Relations Consultant  
(800) 663-8072