



**For Immediate Release**  
**TSX: TUI.UN**

**True Energy Trust Announces Filing of its 2008 Year End  
Disclosure Documents**

Calgary, Alberta, March 18, 2009 - True Energy Trust ("True" or the "Trust") today filed its Annual Information Form, which includes True's statement of reserves data and other oil and gas information for the year ended December 31, 2008 as mandated by National Instrument 51-101 *Standards of Disclosure for Oil and Gas Activities* of the Canadian Securities Administrators.

The Trust has also filed its audited financial statements for the year ended December 31, 2008 and related management's discussion and analysis with Canadian Securities Regulatory Authorities.

Copies of True's 2008 disclosure documents may be obtained at [www.sedar.com](http://www.sedar.com) or by contacting True.

True Energy Trust is an exploration and production oil and gas trust based in Calgary, Alberta, Canada.

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